

# Regina Transition House



HELP US BUILD A COMMUNITY WHERE WOMEN &  
CHILDREN LIVE VIOLENCE AND ABUSE FREE

## Meet Our New Addictions Support Worker

Hello, my name is Jennifer McGillis and I am the new Addictions Support Worker. I am a Saulteaux-Metis woman who's been involved in my Nation for many years. My professional experiences include working with adults who have experienced chronic and episodic homelessness; women and children leaving interpersonal violence.

### Pimatisiwin means "Good Life"

Pimatisiwin means "Good Life". Each week this program will utilize Indigenous models of healing. The medicine wheel will be the foundation in the therapeutic practices of trauma associated with substance abuse disorder. I am excited to be a part of this new position because I want to be a part of the women's recovery journey as well as promoting and maintaining holistic balance.

-Jennifer McGillis, Addictions Support Worker

# Moose Hide Campaign and Community Outreach

Regina Transition House worked in conjunction with Regina Sexual Assault Centre to participate in the Moose Hide Campaign, which occurred on May 12, 2022. The Moose Hide Campaign is an Indigenous-led grassroots movement of men, boys, and all Canadians to stand up to end violence against women and children. The aim is to spread awareness of violence against women and children across Canada, as well as to work towards building a safer society for all Canadians in addressing the crisis of missing and murdered indigenous women and girls, and building healthier masculinities in men and boys. There are many ways to get involved with the Moose Hide Campaign, which you can find more information online at [www.moosehidecampaign.ca](http://www.moosehidecampaign.ca).

Regina Transition House and Regina Sexual Assault Centre collaborated with Regina Public Libraries at the Connaught and George Bothwell branches. Brochures and information will be readily available to the public about our services, as well as other community services related to addressing violence. This information will be paired with a coordinated book display and Moose Hide Pins will be available for free. In addition to this information, Regina Transition House's Outreach Women's Group participated in related activities and learning on this day in acknowledgement of the Moose Hide Campaign.

-Jamie Lewis, Outreach Advocate



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# Volunteer with Us!

Staff at Transition House appreciate our community volunteers, who help us keep important programming up-and-running, provide our outreach families with yummy baking to help stretch the grocery budget, and spend time playing with our in-house children. It's the time of year when we are also looking for a dedicated person (or people) to help us keep our outdoor space looking its best too. If you are looking to work on your tan while dedicating a couple of hours a week to helping keep our yard and surrounding areas in tip-top shape, please contact Allison at [allison@reginatransitionhouse.ca](mailto:allison@reginatransitionhouse.ca) and she will be happy to provide the details.



**To volunteer with us  
or to make  
arrangements  
to donate please  
contact Allison at  
306-337-2813**

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